

# Supporting children with their bodies, sexual health and safety

## Training for professionals working with children



### What are the TOP TEN things you need to know about sexuality education?

**Educators** play a key role in promoting healthy growth in children. An easy-going yet professional approach to sexuality, body parts and bodily functions promotes both physical and emotional well-being in children. Additionally, children need to be taught how to stay safe and protect themselves from harassment.

**Supporting** and safeguarding children's development during the early years reinforces positive self-image, self-esteem and sexual health through teenage years and onto adulthood. Every child has the right to receive age-appropriate knowledge in regards to their own body and sexual development. However, as we live in a time of easy access to *media* online, many children encounter content that is bewildering rather than informative. Therefore, there is **a growing need for educators to have the tools to guide children in an appropriate manner.**

### Training sessions and workshops

**about supporting children with their bodies, sexual health and safety through positive reinforcement and emotional growth.**

- Various training packages available, each lasting from one to six hours in total.
- The training can consist of a lecture, or a combination of both a lecture and workshop activities.
- Minimum charge is 300€ + VAT 24%, prices are variable depending on the package chosen.
- The training is based on academic research as well as the Standards for Sexuality Education in Europe (WHO), the Declaration of the Rights of the Child (UN) and the Declaration of Sexual Rights (WAS).
- The training by *Kasvukaruselli* provides participants with a wealth of knowledge and increased confidence in this important field of education. The participants will leave the training feeling inspired as well as kitted out with useful tools and methods that can be deployed when working with children.

### Suitable for:

- Early childhood (ECEC) teachers and educators
- Teachers
- Social welfare and health professionals
- Students and trainees



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**We are based in Joensuu, Finland.** If the training is to be held somewhere outside of Joensuu, travel expenses are added to the invoice total according to Finnish tax law.